

Name:

Date:

Instructor:

**UMMSM Essential Physical Examination
CHEST / PULMONARY EXAM
Level ONE Benchmarks**

Instructor instructions: Please instruct the student to perform these selected portions of the essential physical exam. Please check the appropriate box ("P" or "R") for each step of the exam. Certification requires correctly performing all aspects of the highlighted maneuvers.

"P" = skill performed properly and completely
 "R" = needs remediation or has improper technique
 No check means the skill was not performed

rev 7/27/2015

Professionalism	Comments (Refer to Item #)	P	R
1. Washes hands before encounter <i>Instructor: Please prompt student to wash hands <u>prior</u> to beginning competency testing, if not initiated by student</i>			
Pt sitting, examiner in <u>front</u>			
Chest-Anterior			
2. Inspects thorax <i>Instructor: Student should observe the shape of patient's chest and movement of chest wall; inspect for deformities or asymmetry</i>			
3. Percusses lungs <i>Instructor: Student should percuss anterior chest, inferior to the clavicles, comparing both sides</i>			
4. Auscultates apices/anterior chest <i>Instructor: Student uses diaphragm to listen to at least 2 paired locations anteriorly; uses bell to auscultate apices</i>			
Pt sitting, examiner moves <u>behind</u>			
Back			
5. Inspects thorax <i>Instructor: Student should evaluate posterior chest for deformities, asymmetry, impaired respiratory movement, & abnormal retractions</i>			
6. Palpates trachea <i>Instructor: Student should feel for any deviation</i>			
7. Percusses posterior/lateral chest <i>Instructor: Student should percuss posterior & lateral chest side to side in 3 paired symmetrical levels posteriorly & 1 paired level laterally; to percuss, student strikes middle finger of 1 hand with middle finger of other hand (using wrist motion)</i>			
8. Auscultates lungs <i>Instructor: Student should use the diaphragm to auscultate from side to side <u>underneath</u> gown; posteriorly (x3) and laterally (x1); patient should be instructed to breathe deeply through open mouth</i>			

General comments / overall impressions of this student's performance.